

Post Operative Instructions: Root Canal Therapy

It is normal to experience soreness for a day or two following endodontic (root canal) treatment. This may be due to the previous condition of your tooth, or as a result of the dental treatment.

Immediately following treatment we suggest that you take 2 x 200 mg tablets of ibuprofen (Advil, Motrin) or acetaminophen (Tylenol) to help control any discomfort. This can be continued every 4 to 6 hours depending on the degree of discomfort. Tylenol #3 may be prescribed in certain cases.

If infection control medications are prescribed, follow all directions on the label, including the length of time prescribed, even if visible signs of infection are gone. Warm salt water rinses, three or four times daily, may be helpful and will speed healing of surrounding gums. Avoid chewing on the tooth for several days. If there is continued swelling or severe pain call the office.

If a temporary filling material was placed to seal the tooth, it is normal for a thin layer to wear away. If all the temporary filling material should come out, call the office.

If a permanent filling material was used, the next step is usually permanent restoration of the tooth to protect it from fracture in the future. This is usually accomplished by placing a cap or crown.

Be sure to brush and floss your teeth as you would normally.

If you have any concern or problem call the office or Dr. Ogi/Aneta may be available at 519 497 9532.